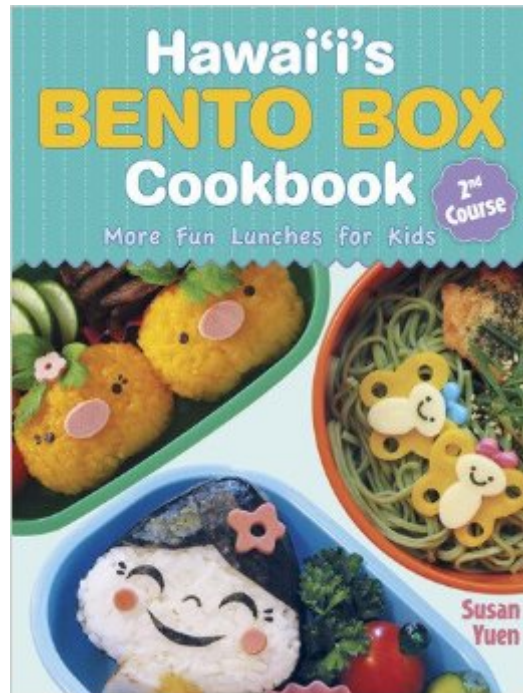


The book was found

Hawaii's Bento Box Cookbook: 2nd Course



Synopsis

Hawaii's Bento Box Cookbook 2nd Course presents a new assortment of imaginative bento and one dishes that will make lunch a one-of-a-kind treat for even the pickiest of eaters. The bento box continues to be popular among all ages, especially kids who can enjoy some fanciful food while benefiting from a nutritious meal.

Book Information

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Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (12 customer reviews)

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Customer Reviews

I just received this just a day ago, so just going to start using today, but have been going through to set up bentos to make this next week as we start getting in to our school routine here. A few recipes so you can see some of what there is (48 total) Grilled Sun-dried Tomato and Thyme Chicken Miso-Teriyaki Chicken Korean Barbecued Beef Chinese-Style Corn Soup Kabocha with Shiitake Mushrooms and Pork Tomato Hummus Sesame Eggplant plus more seafood, veggie and snack selections What I like- There are over 70 bentos shown. There are full color pictures on each page of the finished bento and extra ones on the side to show special steps for cutting when needed. All of the characters are easy to make and the instructions are easily understood. Most of the ingredients are common with the exception of furikake (already ordered 2 kinds here on and waiting to try), umeboshi, kamaboko, and fish sausage which my large super grocery doesn't carry (I live in a big city) but expect to find when I'm ready to go to the nearby oriental market. Meantime, I've been using ham and such as substitutes in other recipes and will here. I like the sandwich ideas which mainly allow you to make a sandwich of choice and then use cheese/meat cutouts to

decorate the top for a cute visual when your child opens it. Includes sauce/dip/mayo recipes for sandwiches and veggies such as the tomato hummus I plan to try. The spiral binding is great! Lays completely flat on a flat surface so you don't have to prop it open as I have to do a lot :) Last, but not least, the price.

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